As you read together, talk about:

Tell me what happened in the story so far.

Lift your hands above you to show “up.”

Use your hands to show “down.”

How do you think it feels to go up and down?
Talk about positions and what goes where when your child is helping you around the house.

Talk about up, down, above, and below.

I’m reaching up to put away this box of crackers.

Please put this box on the shelf below the counter.

I’ll put this up on the book shelf.

Let’s dust below the dresser.