

## UP AND DOWN

Read a book about balloons, plants, or other things that go up (or down), like **Growing Vegetable Soup** (Lois Ehlert).

**As you read together, talk about:**

Tell me what happened in the story so far.



Lift your hands **above** you to show “**up.**”

Use your hands to show “**down.**”

How do you think it feels to go **up** and **down**?

Talk about **positions** and what goes where when your child is helping you around the house.

## UP AND DOWN

Talk about **up**, **down**, **above**, and **below**.

I'm reaching **up** to put away this box of crackers.



Please put this box on the shelf **below** the counter.

I'll put this **up** on the book shelf.



Let's dust **below** the dresser.

