



YMCA OF SILICON VALLEY AT A GLANCE

OUR MISSION

To strengthen our community by improving the quality of life and inspiring individuals and families to develop their fullest potential in spirit, mind and body.

OUR PURPOSE

YMCA of Silicon Valley has been listening and responding to the most critical social needs in our community for over 150 years.

At the Y, we believe everyone deserves the chance to flourish and thrive. Regardless of who you are or where you come from, you belong here.

OUR REACH

- | | | | |
|-------------|--|-----------|------------------------|
| 10 | Health and Wellness Facilities | 2 | Senior Nutrition Sites |
| 1 | Resident Camp | 11 | Aquatic Centers |
| 98 | School Campuses with Before/After School Enrichment Programs | | |
| 187 | School Campuses with YMCA Project Cornerstone Programs | | |
| 41 | Children Nutrition sites and 57 after school program snack sites | | |
| 300+ | Community Partners including Hospitals, Government, Nonprofits, Foundations and Corporations | | |



668,372

nutritious meals
provided to children
and seniors, helping
fuel health and growth



115,788

children and teens
learned, grew, and
thrived through Y
programs



200,967

youth, adults, and
seniors benefited
from Y programs
and services

OUR IMPACT

YOUTH DEVELOPMENT

Empowering young people to reach their full potential

The Y nurtures the potential of every child and teen by supporting their unique youth development journey through holistic programming. From cradle to career, the Y empowers young people to lead inspired, successful lives.

HEALTHY LIVING

Improving individual and community well-being

The Y aims to improve the nation's health and well-being by providing programs and activities that promote wellness, reduce risk for disease and help others reclaim their health. These programs and everything else the Y does are in service of making us – our Ys and our communities – better.

SOCIAL RESPONSIBILITY

Providing support and inspiring action in our communities

We know that when we work together, we move individuals, families and communities forward. The Y responds to society's most pressing needs by developing innovative, community-based solutions to help everyone reach their full potential.