

## 1. HEALTH & WELL-BEING

If you are not feeling well, please do not enter our Y. If you have vulnerabilities or pre-existing conditions that make you more susceptible to the coronavirus, please stay home.

- I understand that I will be asked health-related questions before entering the Y. Y staff will also be checking temperatures
- If I do not feel well or my fever is over 100.4, I agree not to visit the Y until I am symptom free.
- If I or someone in my household has a confirmed case of COVID-19, I will not visit the Y for 14 days after the date of testing positive

## 2. FACE COVERING

- Face masks are required at all times, except while in the pool
- Y staff will be wearing face coverings at all times and appropriate PPE while cleaning

## 3. SOCIAL DISTANCING

We appreciate your respect of the facility changes to adhere to social distancing. Be prepared to see and follow spacing markers in group exercise classes, directional markers in hallways, and distanced exercise equipment.

- I agree to participate in social distancing by adhering to the minimum spacing of 6ft.

## 4. CLEANLINESS

The Y will provide sanitizer stations outside the facility entrance and extra sanitation stations throughout the building. Y staff will be executing enhanced cleaning protocols daily.

I agree to disinfect all equipment before and after use, and will not enter closed off areas.

I agree to sanitize my hands before entering the Y.

**WAIVER:** In light of the COVID-19 pandemic, I reaffirm the current YMCA Waiver, and assume the risk of use of the YMCA. I understand that the list above is subject to change according to updated federal, state and local public health guidelines.

Y team members will monitor the facility – helping to clean, reminding members about distancing and encouraging members to wipe down equipment. If a Y team member asks you to do one of the above, please cooperate to the best of your ability.